

DEBENHAM PARISH MAGAZINE

75p

February 2026



Clarke & Simpson

Auction Centre

Calendar 2026

Books & Collectables
12 January

Rural Bygones
7 February
26 September

Fine Art & Interiors
18 March | 24 June
16 September
25 November

Farm Machinery
March | June
November

Vintage Machinery
25 July

General Sales
Almost every Monday.
Selling commences at
10am, viewing Saturday
prior 9am until noon and
sale day from 8.30am.



Can't make it?
All auctions are available
for online bidding via
www.clarkeandsimpson.co.uk
the-saleroom.com
or i-bidder.com

For viewing times and catalogues, visit us at www.clarkeandsimpson.co.uk
Campsea Ashe, Nr Wickham Market, Suffolk IP13 0PS
T: 01728 746323 E: auctions@clarkeandsimpson.co.uk

 CandSAuctions  @CandSAuctions

FROM THE EDITOR

Happy New Year!

The beautiful Dove on the cover appears courtesy of Ruth and her knitting team. It really needs to be seen in all its glory in the church to appreciate its full impact and all the skill and work that has gone into such a lovely work of art. In the meantime, more information can be found on page 28.

Remaining with the church, we have the rota for the flags we will be seeing on the tower throughout this year. John Fenney Howells is responsible for the hoisting, and his calendar can be found on page 39. I would be interested to know how many steps he gets in over the course of the year keeping the flags flying. Thank you John!

The beginning of the year sees a change in advertisers, as some 'retire' and new ones or revised versions appear. We are grateful to our many advertisers for their continued support. Adverts can be placed in a range of sizes; from one eighth up to a full page; in greyscale or in colour; for the entire year (eleven months) or specific months or just one. We really are very flexible. Details can be obtained from Richard, whose contact details can be found below.

If you are discovering the magazine for the first time, please consider an annual subscription which includes local delivery (or further afield with postage added), and if you are a regular reader but haven't yet sent your subscription, there is still time to renew.

Best wishes for February!

Jan

DEBENHAM PARISH MAGAZINE

Editor:

Jan Rutherford, 17 Chancery Lane Debenham, IP14 6RN
Tel 07711823309

Please send copy to: debenhammagazine@btinternet.com

Business Advertising: Richard Blackwell

Tel 01728 861815 or email: richard.blackwell99@outlook.com

Distribution & Subscription Coordinator: Bridget Anderson
Tel.07881861620

The Editor reserves the right to shorten or modify items without notice.
The inclusion of an advertisement in this publication does not constitute an endorsement of a product or service by either the Editor or the Debenham Parochial Church Council.

DEADLINE for March Magazine
Tuesday 17th February
(Tuesday 10th February for Business Advertising)

DEBENHAM GARAGE (LTD)

Repairs, Servicing & MOTs to all Makes of Cars & Light Commercial Vehicles
(including Hybrid and Electric Vehicles)

Tyres, Exhausts & Batteries @ Competitive Prices

Diagnostics to all Management Systems

Air Con Servicing and Repairs

24hr Accident Recovery & Breakdown Service

Free Local Collection and Delivery

Courtesy Cars Available

All Work Guaranteed



INSTITUTE OF THE
MOTOR INDUSTRY

Camp Green, Kenton Road, Debenham, Suffolk. IP14 6LA

Tel 01728 860597

email: michael@debenhamgarage.co.uk www.debenhamgarage.co.uk

MPD TANKS

For all your oil tank needs

Steel and Plastic Tanks
available

Free Estimates
Fully Insured



07708 395889

01449 767820

TankChange Ltd

Suppliers & Installers
of Oil Tanks

Family Business with
Over 40 Years Experience
Steel & Plastic Oil Tanks available
Fully Insured OFTEC Registered
Engineers.

Telephone: 01449 781210
(Out of hours: 01449 781498) /
Mobile: 07899 898720

Email: Terry@TankChange.co.uk

Visit our website @:
www.TankChange.co.uk

*Discounts available to parish
magazine readers*

Every Wednesday
PARISH PANTRY
 in St Mary's Church 10am - 11am
A bag of groceries for £3.50

Everyone welcome to both

PARISH CAFE

in Dove Cottage 10am - 11.30am
Cuppa, Cake & Chat for a donation only
 THE BENEFICE OF DEBENHAM & HELMINGHAM

THE CORNER Café
 for people age 11-17

OPEN:
 Every Thursday during term from 4-6pm

VENUE:
 Dove Cottage, Debenham

MENU:
 Drinks inc iced coffee and bubble tea
 Muffins, doughnuts and other snacks at affordable prices
 Loads of different table games

Now with air hockey table!

A cosy chill place to hang out with your mates or even to just relax alone

Monday Meet-up

10am - 1pm in Dove Cottage

Refreshments 	LET'S TALK 	 A BIG WARM WELCOME	Meet friends
Use of microwave 	Jigsaw Puzzles 	wi-fi 	Crafts
Games 		Books available 	Dogs welcome

Everyone Welcome
 Open every Monday except Bank Holidays
 Sponsored by Mid Suffolk District Council

JIGSAW PUZZLE EXCHANGE

Every Monday @ Dove Cottage **10-1pm**

Pop in and pick up a puzzle new to you for free by swapping for one you have already completed or borrow one and bring it back when finished with.

Hosted by the Monday Meet Up Team.

Spiral Gallery

Contemporary Jewellery and Crafts
 Wednesday to Friday 10am to 5pm
 Saturday 9am to 1am

46 High Street, Debenham, Suffolk
 07539 317986
www.spiralgallery.co.uk



MICHAEL CARPENTER
 Jeweller
 for
**Jewellery Repairs
 Alterations Commissions
 and Sales**

Maker of Wedding & Engagement Rings
 and Jewellery
 Designed to your Requirements.

www.spiralgallery.co.uk
 46 High Street Debenham
 07539 317986
info@spiralgallery.co.uk

Eye & Debenham

Hetfield-Mendham-Weybread-Fressingfield-Laxfield-Syleham-Wingfield-Stradbroke-Brundish-
 Wilby-Horham-Hoxne-Oakley-Brome-Stuston-Denham-Redlingfield-Athelington-Southolt-
 Worlingworth-Tannington-Bedingfield-Bedfield-Kenton-Monk Soham-Ashfield

Offering affordable transport solutions for residents of the above villages wanting to travel into Eye & Debenham (also Framlingham & Diss) for shopping, education, socialising, work, medical appointments and onward travel.

- Accessible vehicle
- Small group travel
- 7am-7pm Monday-Saturday

LIMES GARAGE



- MOT TESTING
- DIAGNOSTICS
- ALL GENERAL REPAIRS
- LOCAL COLLECTION & DELIVERY SERVICE
- QUALIFIED EXPERIENCED MECHANICS
- SERVICING
- TYRES

Find us at Unit 21 Lewis Farm, Pettaugh Road, Stonham Aspal, Stowmarket

We are just up the road from Stonham Barns on the A1120 or put **IP14 6AU** in your SAT NAV.



Tel: **01473 890335**
 Email: mark@limesgarage.co.uk
www.limesgarage.co.uk

rural connect



01449 614271
bookings@communitiestogether-ea.org

M&J Suffolk
www.comunitiestogethereastanglia.org

COMMUNITIES TOGETHER EAST ANGLIA
 Registered charity: 1004198

NEW **SOUP
LUNCH**

**Dove Cottage
12.00 - 1.30pm**



**Saturday 8th Nov, 13th Dec,
10th Jan, 14th Feb**

**Just £8.00 for soup, roll,
pudding and a cuppa!**

Everyone welcome!



Earl Soham & Cliff Quay Brewery

Unit 1a Meadow Works, Debenham, IP14 6RP
01728 861213

Our brewery shop is open:
Mon - Fri 10am - 4pm, Sat 10am - 1pm

We sell our beers in bottles, mini 8pt kegs,
18pt and 36pt polybins and 72pt firkins



CHRIS HOWARD
PLUMBING AND HEATING

Local, professional
and reliable service

- ◆ All household plumbing
- ◆ Boiler servicing and installation
- ◆ Hot water cylinders

Free non committal quotes

07749315908

chrisjhoward5@googlemail.com

www.chrishowardplumbingandheating.co.uk

GRAHAM MOORE ELECTRICAL LTD



Blacksmiths Cottage, Silver Street,
Old Newton Ip14 4HF

For all your electrical needs

For a friendly & efficient service

Call Graham on

01449 616946

07867560357

FREE ESTIMATES

ALL WORK GUARANTEED

JAY NICHOLLS & CO

SPECIALISTS IN PERIOD PROPERTY RESTORATION

renovation work, all repairs,
alterations, conversions,
roofing, decoration etc.



01449 781375

07804957190

Complete Building Service

V Jones Carpentry

Helping you to create, renovate
and tick off your to do list!

Friendly and knowledgeable
carpenter & joiner with over 20
years experience

Please call Vince on 07389 808982

or

Email

vjonescarpentry@gmail.com



Forge Community Church

Meeting in Debenham Sports & Leisure Centre:
9am & 11am every Sunday

FEBRUARY 2026: THIS IS US

Believe it or not, churches have different DNA. The Forge has a well-thought-out mission and vision and this month, we'll be looking at four different strands that make up the DNA of our church.



Week 1: This is us – Why we do what we do

Week 2: This is us – How we grow

Week 3: This is us - Why we get our hands dirty

Week 4: This is us – Why we give

Online at www.live.forgechurch.com Sundays @ 4pm

Catch up: <https://forgechurch.com/talks/> Also available on YouTube:

@ForgeChurch

We run kids & youth programmes each Sunday at 11am only
Tots Street (0-3's), Little Village (pre school), Uptown Kids (yr1-5),
Transit (Yr6-8). Motion (Yr 9-13) meets Monday evenings – for more info
tim.warnock@forgechurch.com

FORGE HAMPER APPEAL 2025

Thank you to everyone who gave towards the Christmas Hamper Appeal back in November/December. We were able to provide a hamper, including a turkey and all the trimmings, to 169 families across mid-Suffolk. Your generosity has made a huge difference to families over the festive period.



www.forgechurch.com · 01449 710437 · info@forgechurch.com

The Old Chapel · Forward Green · Stowmarket · IP14 5HP

Facebook/YouTube/Instagram @forgechurchuk

R & G WEBSTER NEWSAGENTS

50 High Street, Debenham

Home News Delivery Service
to Debenham and
surrounding villages.

We stock greetings cards,
stationery, confectionery
and much more.



Opening Times

Monday	6am -1pm	2pm -5pm
Tuesday	6am -1pm	Closed pm
Wednesday	6am -1pm	2pm - 5pm
Thursday	6am -1pm	2pm - 5pm
Friday	6am -1pm	2pm - 5.30pm
Saturday	6am -4.30pm (open all day)	
Sunday	6am -12.30pm	

01728 860294

webstersnews@btinternet.com

WARD'S GREENGROCER

For all your choicest fruit & vegetables

Monday & Tuesday 8.30am - 1pm

Wednesday 8.30am - 5pm

Thursday & Friday 8am - 5pm

Saturday 8am - 1pm

Local delivery available



6 Gracechurch Street 01728 860343

DEBENHAM FISH & CHIPS



Tuesday to Thursday 4pm - 8pm

Friday 4pm - 8.30pm

Saturday 4pm - 8pm

Lunchtime opening:

Friday 12pm - 2pm

Saturday 12.00pm - 1.30pm

Phone your orders on

01728 860883

TAKE A BUTCHERS

WE SOURCE THE BEST
QUALITY FREE RANGE MEAT
FROM CAREFULLY SELECTED
LOCAL FARMS



PALFREY & CO.

DEBENHAM BUTCHERS
PURVEYORS OF THE FINEST QUALITY MEATS

01728 861113

10 High Street, Debenham, Stowmarket,
Suffolk, IP14 6QJ

Tuesday-Friday 7:30am - 5pm

Saturday 7:30am - 1pm

JOIN US ON: @palfreyandco

Debenham Shed

Please note that the Shed is not open on Mondays in January and February, but will resume opening on Mondays in March.



In December we returned “Jim’s Bench”, now repaired, to its prime position by Debenham’s lake, giving a splendid view towards the village. The repairs were funded by a benefactor in Debenham.

The Shed recently bought a small portable forge from a farrier and installed it in our rear extension. We hope to have blacksmithing classes before long!

The UK Men’s Shed Association Armed Forces Community have awarded Debenham Shed a silver Certificate, in recognition of our being open and willing to welcome and support current and past members of HMAFs (regular or reserve) and their families, partners and dependents.



What is Debenham Shed?

A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all adults.

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm and, Fridays 10am-5pm. Membership by the year, half-year or PAYG. Chairman: Rob Davies 07952 556152 Treasurer: Tony Hutt 07906 614328. Visit our website at www.debenhamshed.org.uk (sign up to newsletters on the Contact page) Email info@debenhamshed.org.uk . Registered Charity (CIO) 1212367. Donations from taxpayers can now be Gift Aided. Like our Facebook page at www.facebook.com/DebenhamShed.



Annabel's Beauty

Rose Farm, Ashfield, IP14 6LU

A tranquil countryside escape for beauty and relaxation



- Microblading
- Body Scrubs & Wraps
- Facials & Massage
- Manicure-Pedicure-Gels
- Spray Tanning
- Waxing
- Lash Lifts & Tinting

20% off first treatment when you quote *Debenham

Book your appointment today
07561 527706
www.annabelsbeautysuffolk.co.uk



THE LOG BURNER BARN

01379 454299





- Full Installation Service
- Hetas registered engineer
- Eco Design contemporary & modern stoves
- Free Survey & Quote

Showroom open Tues-Thurs 10-5pm Sat 10-1
 Aldridges Farm, Laxfield IP13 8EN
www.thelogburnerbarn.co.uk



Saturday 31 January 2026

Martyn Joseph

"One of the most charismatic and electrifying performers in Britain today...tough and passionate" Tom Robinson BBC 6 music.

TICKETS £20
IN ADVANCE



NEW

Friday 6 March 2026

Alice Armstrong

Totally amazing award winning blues, soul & funk singer.

TICKETS £18
IN ADVANCE



Saturday 16 May 2026

The Rollin' Stoned

"about as true to the original as you can get"

TICKETS £20 -Times Magazine.

IN ADVANCE



Friday 18 September 2026

Horn Factory

"Spectacular Big Band Jazz Returns"

TICKETS £12
IN ADVANCE

FOR MORE DETAILS AND TICKETS PLEASE VISIT:

www.debenhamsportsandleisure.co.uk/music

All gigs start at 8pm. Doors and bar open
7:30pm.

GRACECHURCH STREET, DEBENHAM, IP14 6BL 01728 861101



HENRY ABBOTT HARDWARE

Est 1707

01728 860254

For All Your
Household & Gardening Needs
Serving The Community
For Over 300 Years

Mon - Sat 9am - 5.30pm

Holiday let
Cobblers Cottage, Debenham.
3 bedrooms. Sleeps up to six.
Ideal for family gatherings
Jackie Meikle.
jameikle@btconnect.com
07799883464



SIMON J KIMMINS

Builder · Design & Project Control

30 years' experience of period buildings restoration
and day to day care
Traditional methods and materials used when relevant

T. 01728 861206 · M. 07769 691259

E. simon.kimmins@btinternet.com



SCOTT REGAN

CHIMNEY SWEEPING

Professional, clean & qualified service

- Brush & HEPA filtered vacuum
- Power sweeping
- Chimney cowls fitted
- Tar removal from chimney

Full public liability insurance



info@scottreganchimneysweeping.co.uk
www.scottreganchimneysweeping.co.uk

Tel: 01379 678881 Mob: 07962 207846 / 07740 008456

Debenham History Society - Lecture Season 2025/2026



Tuesday 3rd February 2026

The Sizewell C Coin Hoard

Alex Bliss, from Cotswold Archaeology Services tells how a coin hoard comprising 321 silver coins issued between 1036 and 1044, recovered from the Sizewell C (SZC) development area, gives us great insight into the English monetary and political landscapes of the 11th century.

Tuesday 3rd March 2026

The Castle on the Hill: Royalty, Religion, Pestilence & Poverty

Barbara McElroy takes us through the history of Framlingham Castle and its impact on the town through the ages.

Tuesday 14th April 2026

Mr Soane Came to Breakfast

How did 'Mr Bury St Edmunds' James Oakes persuade renowned architect Sir John Soane to design an extension to his home in Bury's Guildhall Street in 1788? Andrew Tindall's illustrated talk will describe this unlikely collaboration and show the evidence of it that survives today.

Tuesday 12th May 2026

Borley Rectory: The Most Haunted House in England

Bryan Thurlow brings to life the ghostly goings on at the Essex rectory, covering the period from the 1840s to the 1940s. In 1929 a national newspaper headline declared that the rectory at Borley, near Sudbury, was the most haunted house in England. This talk features the Reverend Smith, his wife, Mabel, and professional ghost investigator, Harry Price who is called in to investigate the paranormal problems they have been experiencing at the rectory. But is this so-called expert all he professes to be?

Tuesday 2nd June 2026

A-Z of bench end figures of Suffolk Churches

Robert Halliday has a long standing interest in Suffolk churches. He has recently been engaged in a personal project to study and photograph the wooden carved figures that can be found on benches, stalls and pews in these buildings. Some are of animals, some are of people going about their daily lives, some are of saints, demons or legendary beasts, but they are all fascinating, and often very amusing. In this fully illustrated talk, he plans to share some of the discoveries he has made across the county.

Tuesday 7th July 2026

Through the Keyhole: The Homes of William Morris

Fiona Rose examines how William Morris' design philosophy influenced, and was influenced by, his homes including Woodford Hall, Red House, Kelmscott Manor and Kelmscott House. (This talk was rescheduled from February 2025).

More on p17



PRICELIST

SKINFADE	£20.00
HAIRCUT	£18.00
65+ (OAP)	£16.00
U16	£17.00
U10	£12.00
ALL OVER CLIPPERS	£12.00
BACK & SIDES	£14.00
BEARD (ONLY)	£10.00

TO BOOK, PLEASE CALL: 07939 272435
OPEN: TUESDAY - SATURDAY
 THE DEBEN RETREAT, 66A HIGH STREET, DEBENHAM

BOUNDARY KENNELS



AND TRAINING

Boundary Cottage,
 Framsdon, Stowmarket,
 Suffolk IP14 6LH.
01728 861262

info@boundarykennels.co.uk
 www.boundarykennels.co.uk

**LKPhysio is now open
 in Earl Soham**



LK PHYSIO
Have Better. Feel Better.

Shockwave Therapy
 Acupuncture
 Massage
 Kinesio Taping
 Epley Manoeuvre
 Rehabilitation (Sports
 & Post Operative)

07887 613042
www.lkphysio.co.uk

Units 10 & 11 Yew Tree Court,
 Earl Soham IP13 7SG



Debenham Local Vocals



**Be uplifted by the joy of singing
 together in the community**

Informal singing sessions for the community
 of Debenham and beyond!

Adults of all abilities
 No need to read notation
 Songs all learnt by ear
 Lead by singing teacher,
 Chloe Barnes



10 - 11 am
 Thursdays
 High St, Debenham

Contact:
 chloelocalvocals@gmail.com for more information

Location: The United Reformed Church, 21 Chancery Lane
Debenham, Suffolk IP14 6RN
Commencing : 7.30pm (unless otherwise listed)
Cost: £5 per session (unless otherwise advertised)

**TO RECEIVE MONTHLY REMINDERS AND CURRENT INFORMATION
OF DEBENHAM HISTORY SOCIETY EVENTS PLEASE SIGN UP VIA
<https://thedenhamarchive.uk>**

DEBENHAM AND DISTRICT GARDEN CLUB

FEBRUARY MEETING

Wednesday 18 February 2026

**7.30pm at Coopersfield, Aspall Road,
Debenham**

**Details of the meeting to be confirmed
Members will be notified**

**Non-members very welcome just arrive on
the 18th – it will be a garden related talk or presentation**

Refreshments, raffle and gardening conversation!



**Non-members - there is a small charge of £5 per person includes refreshments
Please contact Fiona Reid on 07799768037 or Ann Evans on 07857680877
if you would like further information**



Marcel's

GERMAN-ENGINEERED SOLUTIONS

Marcel Wulfert

Reliable and experienced handyman, carpenter and plumber based in Wetheringsett.

Whether it's minor repairs, full renovations, or custom carpentry, I'm here to help.

Get in touch for a quote:
07377 993 733
marcelwulfert04@gmail.com

Home Help

Peace of mind for families.
Independence for individuals.
I am extremely passionate about care of the elderly and have experience in domestic elderly care. Communication and kindness are key to achieving individual goals.
I offer companionship, transport, cleaning, laundry, light gardening, shopping and meal prep.

**Please call Natasha Barnes on
07583 256 119**



JD Tree Services

& COUNTRYSIDE MANAGEMENT LTD

- Tree removal, felling or reduction
- Site clearance
- Stump grinding
- Waste removal
- Hedge cutting
- Chipping

Professionally trained, fully insured,
friendly service
Call today for a free no obligation quote

City &
Guilds
NPTC
Qualified

tel: 01379 671285/07736 311782

email: info@jdtrees.co.uk

web: jdtrees.co.uk

Checkatrade



As fuel and food prices increase, more people are struggling to provide for their families



Please buy an extra tin or packet to put in the box at the back of the church in Debenham

The food will be taken regularly to Eye for distribution by the Waveney Food Bank

Powering Suffolk Homes

We're not just about installing solar – we're your local partner for the long haul. Based in Suffolk, our friendly team provides expert installations along with ongoing support to make sure your system runs smoothly and efficiently. Whether you're looking to cut your energy bills or reduce your carbon footprint, we'll guide you every step of the way.

Interested? Contact us for a free quote:

01728 598646
07909464209

suffolksolarandelectrical.co.uk



SUFFOLK SOLAR & ELECTRICAL LTD

Why Choose Us?

- Family-run and proudly local
- No pushy sales – just honest advice
- Ongoing support long after installation



Rose Beaumont

vintage china hire



Based here in Debenham, we have beautiful vintage English bone china available to hire for your special occasion.

Whether you are planning an intimate afternoon tea, a garden party or a wedding reception, we would be delighted to help make your event a wonderful occasion for you and your guests.

www.rosebeaumontvintagechinahire.co.uk

Celebrate Paddy's Night at Wetheringsett Village Hall!

Join us for "*P is for Paddy*", an evening of true Irish spirit as we bring the magic of Paddy's Night to Wetheringsett! Expect a night brimming with laughter, music, and heartfelt stories that will have you singing along, tapping your feet, and maybe even wiping away a tear or two.

When: Saturday 14th March 2026

Where: Wetheringsett Village Hall

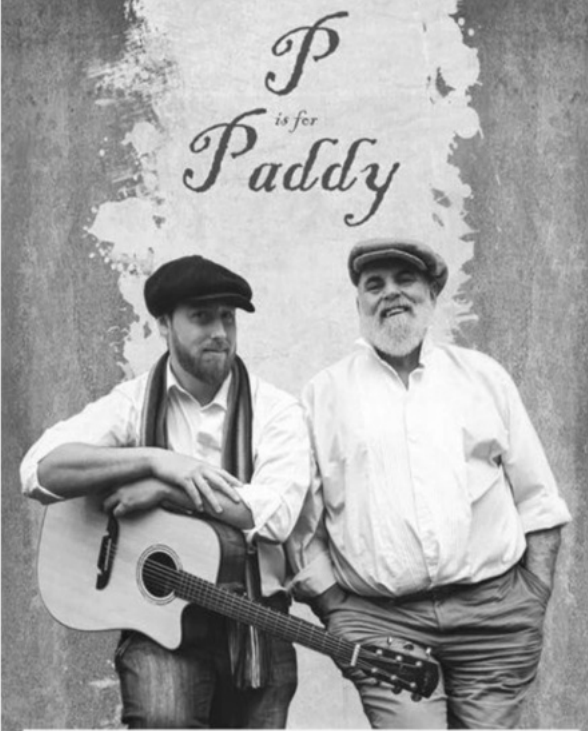
Your ticket includes a Traditional Irish Stew, and drinks will be available to purchase throughout the evening. If you have any special dietary requirements, please let us know by 7th March so we can make sure everyone feels welcome at the table.

Tickets are just £18 per person and can be booked easily via the link on our website:

<http://www.wetheringsettvillagehall.org.uk>

This event is more than a celebration—it's a chance to come together as a community and support our village hall. All proceeds will go towards creating a dedicated bar area, making future gatherings even more enjoyable.


We can't wait to share this special evening with you—bring your friends, your voices, and your dancing shoes!



Join us for an authentic Irish night filled with songs and stories

Saturday 14th March 2026
Wetheringsett Village Hall
Tickets £18

Ticket price will include a Traditional Irish Stew. Drinks will be on sale.
Further details : www.wetheringsettvillagehall.org.uk



DK Appliances Ltd

Appliance repairs & sale of new & reconditioned appliances

DK Appliances is your answer to an experienced domestic appliance retailer and repairs specialist

DK Appliances,
Finbows Yard, Station Road, Bacton, IP14 4NH
Phone: 01449 780398
Email: dkappliances@yahoo.co.uk

Kelly's
Crafty
Corner



Expert Foot Health Care

If you suffer from or need treatment for any of the following conditions, we're here to help:

Nail cutting, Hard skin, Corns, Thick nails, Athlete's foot, Diabetic care and much more.

Friendly professional service in the comfort of your own home.

Contact Keith:
07421 743191
(Dip FH, MCFHP, MAFHP)



Bruford's
OF DEBENHAM

For Coffee, Cake, Lite Lunches & Hot Desks



At Brufords, we are focused on flavour. Whether that be our locally sourced coffee, cakes or savories and the experience you receive in our 400 year old coffee shop, in the heart of Debenham High Street.



Upstairs, we have 7 hot desks, available to rent by the hour, day or longer, complete with high speed broadband.



**Open 7 days a week Mon – Saturday 8am – 4.30pm
& Sundays 9am -1pm**

www.Brufords.co.uk Telephone: 01728 582230



Friends of Debenham Library

Suffolk
Community Libraries

Here are five things you can do with your library card:-

- Books, books, books: there are over 1 million in our catalogue to borrow (and you can reserve them at no charge!)
- Listen to free audiobooks on BorrowBox and Libby, also ebooks on Libby.
- Watch indie films, documentaries and courses on Kanopy
- Uncover your ancestry with our free research tools (via a library PC). This now includes local diocesan records.
- Everything you always did with your library card!

For more details see

<https://suffolkcommunitylibraries.co.uk/things-to-do-with-your-library-card>.

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, CDs and audiobooks, downloadable films/music/audiobooks/ebooks, free reservations. The room is available for hire outside opening hours.



School Corner, Debenham IP14 6PL (next to the Primary School).

Opening hours:

Tuesday: 0930 am – 1300 pm Wednesday : 1500 – 1930 pm

Saturday: 0900 am – 1300 pm Sunday: 1200 – 1600 pm

Tel: **01728 587102** Email: debenham.library@suffolklibraries.co.uk
www.suffolkcommunitylibraries.co.uk/libraries/debenham/

Eye Bach Choir

Sorrow & Serenity

Saturday 7 March

7.30pm Eye Parish Church

**Thomas Tallis Lamentations Henry Purcell
Funeral Sentences & music for the funeral of
Queen Mary Herbert Howells Requiem**



Eye Bach Choir
Founded in 1974



Conductor
Benedict Collins Rice

Organ
Stanley Godfrey



MUSIC
For Dementia



www.eyebachchoir.co.uk



BOOK TICKETS

Eye Bach Choir is a Registered Charity No 1114948

Reaching New Heights

At the end of November 2025 a sold-out Eye Parish Church had the pleasure of experiencing a truly stunning programme that included the spectacular Handel's Dixit Dominus. Eye Bach Choir was under the expert tutelage of their Musical Director and conductor Benedict Collins Rice. The concert featured professional soloists, Charlotte La Thrope (soprano), Rachel Allen (soprano), Matthias Dahling (countertenor), James Micklethwaite (tenor) and Jack Comerford (bass) plus the nationally renowned Geldart Ensemble playing the finest period instruments.

The view of an audience member: "I was pulled inside the music, amazed by the unity between orchestra, choir and soloists as well as the tender playing of the first violinist and overall vivid energy guided by the conductor. What a performance, what an experience! It will stay with me for a long time".

The choir was founded in 1974 by Merlin Channon who was a close associate of Peter Pears, Frederick Ashton and Benjamin Britten and is now under the direction of Benedict Collins Rice, only Eye Bach's fourth Musical Director in 50 years. Benedict is an internationally recognised conductor, musician and tutor and his extensive knowledge, experience and infectious sense of fun equip him with skills to challenge and inspire choral singers keen to learn from him.

Upcoming concerts are:

March 7 2026 in Eye Parish Church

Tallis: Lamentations

Purcell: Funeral Sentences and music for the Funeral of Queen Mary

Howells: Requiem

Organ accompaniment

May 16 2026 in Debenham Parish Church

Dobrogosz: Mass

Choral Jazz Standards

Jazz ensemble accompaniment

Anyone interested in joining the choir, attending one of our concerts or supporting us as a Friend can contact us on: www.eyebachchoir.co.uk
Follow us on Instagram and Facebook



Winter at the High School

Meet our new Young Enterprise Team, "Zen"

Zen are a company whose business centres on sleep wellbeing and mindfulness. The aim of the company is to raise awareness of the importance of sleep, especially for children and teenagers.

Their current goal is to sell luxury bath and sleep products that help of all ages to relax and de-stress from the tension of everyday life.

Their current product range includes sleep masks, lavender bags, pillow sprays, bath salts, and decorative willow stars, most of which have been made with locally sourced English lavender. In the New Year they hope to expand their product range and sell wellness packs, which will include various products and give a helping hand to begin their wellness journey.

To date they have a total revenue of £2,100.00, which is fabulous achievement. They have had stalls at a range of trade fairs, such as Otley and Debenham's Christmas Craft Fairs, where they have received incredibly positive feedback from customers. In the New Year the team hope to reach out to local primary schools, and really focus in on their target audience of children, and explain the importance and benefits of good sleep to them, and give parents the opportunity to purchase our products for themselves or their children. Also in the New Year, they will be participating in the East of England 'Pitch to the Panel', where they will be delivering their product ideas to a panel of judges, alongside other Young Enterprise teams in the East of England. Zen can be followed at:

TikTok @zen_je2025 or Instagram zen_je2025

I Wish it could be Christmas Everyday!

While cold outside, our celebrations for Christmas went very well – over 700 Christmas lunches were served; we all had the chance to attend the parish church for a carol service and then enjoyed Debenham's Got Talent on the last day of term.

A Time to Reflect – Prayer Space; Poetry; Preparation Prayer Space

Prepared by Tim Warnock from the Forge Church and supported by Rev Keith from the Parish, the Chaplaincy Team have welcomed every student into the Prayer Space. This year the theme has been on asking questions – Who am I? What is God? What does God?



Within the Prayer Space there were nine stations that they could interact with, for example a Gratitude Tree; wonder at the natural world; remembering God’s world; celebrating connections; asking and answering questions about belief in God. Prayer Space provides such a valuable way to reflect on God for those with a faith or to think about themselves and the wider world.

Poetry

The English Year 7 House Challenge this term was to write a Haiku.

What are Haikus? They are concise pieces of poetry that are made up of just 3 lines and 17 syllables. Originating in Japan, they are great for expressing emotions and thoughts about nature using very few words. It might seem unbelievable, but Haikus really do have this capability to convey very elaborate content in a short space.

These are the three winning entries:

Blazing red hot sun
 Dry, dry desert around me.
 Sand swamps the landscape. Elizabeth Cowling 7D

Great boar hunts its prey.
 Prancing deer seek protection.
 Nature has its way. Lucy Bridgeman 7D

Still gentle water,
 I row in my wooden boat,
 Creaking back and forth. Olivia Hart 7A

Haiku 俳句

Classic Japanese Short Poems



Preparation – The Allotment

On the threshold of winter, one might think that there would not be much to say about the school allotment but that would not be the case. One of our Trustees, Mr Grimsey, along with Rev’ Keith assisted by two Year 9 students have been doing a few jobs as we continue to prepare the site for next year’s growing season. The raised beds are loaded with fresh compost ready for planting with a few experimental crops, that don’t mind the winter, already planted. Water Butts are plumbed in and already full of rain water ready for the new season. Wood chip has been spread around between the beds for ease of access. The donated Greenhouse is fully assembled and also ready for use. We extend a heartfelt thank you to the Debenham Green Team who helped us with this. In addition to this, new trees have been planted at the far end of the school site including 5 Cherry Trees that were planted on 3rd December. Pictured is Theo Stiff with Mr. Grimsey planting the Cherry Trees.



'The Dove'

In September, Ruth Boulton made a request via the Parish Magazine asking if anyone would be interested in knitting some white poppies which represent peace. She had the idea that as a community project it would be good to make them into a Dove which is said to represent peace, love, hope and new beginnings, to hang in St Mary's Church Debenham. Well, what a response, one thousand two hundred poppies gradually arrived at the shop! Grateful thanks to all those who knitted poppies.

So with kind permission from Reverend Susan our Dove's journey took flight.

How do you start such a journey? Maybe in Dove Cottage! A pattern is required, what size, what to attach the poppies to and finally who could create a frame and install in the church?

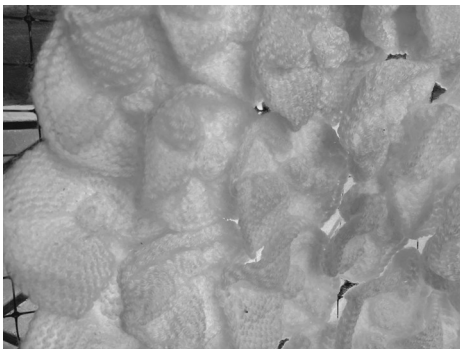
Ruth had a lovely response for help, she had found her team of volunteers.

The Dove's journey started in September until finally arriving in the window of the church in time for Christmas.

A big thank you to all who have been involved from the start to the finish and when looking at the Dove realising that it was created safely in peace and friendship.

BS

The Dove will remain in St Mary's until 18th February and return for Remembrance.





OVER 60s STRENGTH TRAINING
DEBENHAM - EYE - FRAMLINGHAM - STOWUPLAND

Eye – 09:30 Mondays – Eye Community Centre
Framlingham – 09:30 & 10:30
Wednesdays – United Free Church
Debenham – 09:30 Thursdays
United Reformed Church
Stowupland – 09:45 Fridays
Stowupland Village Hall

Personal Training & Nutritional Therapy
also available

BEAT MUSCLE LOSS
Faye 07885 659360



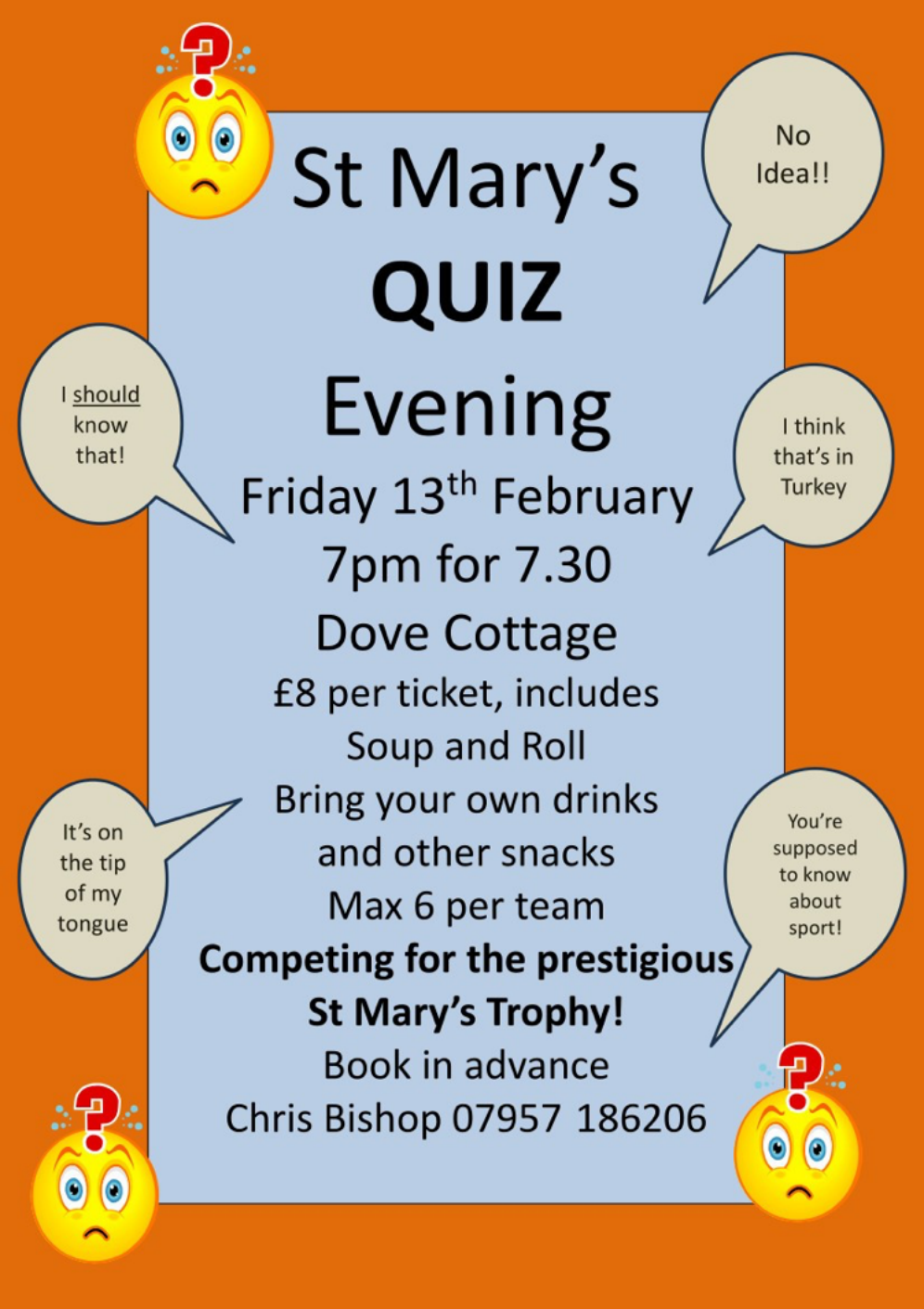
A FAMILY FRIENDLY SERVICE
FOR THE YOUNG AND THE NOT SO YOUNG

family@church

Candlemas



**SUNDAY 1st FEBRUARY,
DEBENHAM CHURCH
9.30am BREAKFAST,
10.00am SERVICE START**



The poster features a central light blue rectangle with text, surrounded by an orange border. Four yellow 'confused' emojis with red question marks above them are placed at the corners. Four speech bubbles with humorous phrases are also scattered around the central text.

**St Mary's
QUIZ
Evening**
Friday 13th February
7pm for 7.30
Dove Cottage
£8 per ticket, includes
Soup and Roll
Bring your own drinks
and other snacks
Max 6 per team
**Competing for the prestigious
St Mary's Trophy!**
Book in advance
Chris Bishop 07957 186206

Speech bubbles:
- "No Idea!!"
- "I think that's in Turkey"
- "You're supposed to know about sport!"
- "It's on the tip of my tongue"
- "I should know that!"



Sir Robert Hitcham CEVAP School and Nursery,
Debenham

NURSERY OPEN MORNING FOR SEPTEMBER 2026

THURSDAY 12 FEBRUARY 2026 | 9.30AM TO 11.00AM
DEBENHAM, STOWMARKET, SUFFOLK IP14 6PL

If your child was born between 1 September 2022 and 31 August 2023, he/she is eligible to join our Nursery from September 2026.

The Nursery runs every day during term time from 9.00am to 3.10pm and you can apply for as many, or as few, sessions as suits you and your child. Morning sessions are from 8.45am to 12.00pm and afternoon sessions are from 12.00pm to 3.10pm.

We are very proud of our Nursery, which is led by experienced qualified teachers. The Nursery benefits from a large, well equipped Early Years outdoor area, in addition to the school's playground, extensive field and Forest School area.

We would like to invite parents/carers and children to our Open Morning on Thursday 12 February 2026 at 9.30am; 9.50am; 10.10am; or 10.30am. We would love to show you around and you can see our school in action and how our pupils learn.

Please do not hesitate to contact us to arrange a time to visit, if you are not able to attend the Open Morning.

Please contact the school to
book a slot for the Open Morning
admin@sirroberthitcham.suffolk.sch.uk
01728 860201



SIR ROBERT HITCHAM CEVAP SCHOOL & NURSERY

Debenham Suffolk IP14 6PL Telephone/Fax 01728 860201
Email admin@sirroberthitcham.suffolk.sch.uk
www.sirroberthitcham.suffolk.sch.uk



CURRENT VACANCIES

Forest School Lead

We are looking for an enthusiastic and dedicated Forest School Lead, one day a week, who has a passion for supporting children to thrive and be the best they can be. The Forest School Lead will work across the school delivering Forest School to two year groups each term and one After School Club a week.

We are willing to consider someone who does not have the Forest School qualification but would be willing to complete it whilst working at Sir Robert Hitcham Primary School.

Closing Date for Applications: 4.00pm, Monday 2 February 2026
Interview Date: Friday 6 February 2026

Custodian

Are you an early riser?
Are you a practical person?
Are you looking to work a few hours a week during term time on a casual basis?

Then you may be interested in the temporary role as Custodian at Sir Robert Hitcham CEVAP School, Debenham.

The role will include:

- Health and Safety weekly/monthly checks;
- Daily filling up;
- Securing the school building;
- Maintaining the safety of the school building and grounds;
- Refuse management; and
- Minor repair works.

We are looking for someone for a maximum of ten hours a week during term time only. The hours are flexible and can be worked between 6.30am and 6.30pm.

Further details for both vacancies can be found on the school's website at www.sirroberthitcham.suffolk.sch.uk. Visits to the school are warmly welcomed.

Susan Whymark
Funeral Service Ltd 

Independent and Family Run

Serving Eye, Harleston, Diss, Framlingham and the surrounding areas since 2004

We offer a range of services to suit your individual needs

- Funerals tailored to your needs and budget
- Full estimates given at time of arrangement
- Pre-Paid funeral plans available
- Direct Cremations
- Support Groups
- Memorials

We provide an efficient but friendly service through our professionally qualified staff

Available 24 hours a day at all locations

Chestnut House, 12 Progress Way,
Eye, Suffolk, IP23 7HU
Tel: 01379 871168

Denmark House, 1 & 2a Carmel Works
Park Road, Diss, Norfolk, IP22 4AS
Tel: 01379 831332

Ley House, 11a London Road,
Harleston, IP20 9BH
Tel: 01379 851253

Moore House, 8 Fore Street,
Framlingham, IP13 9DY
Tel: 01379 723448
(Formerly Moore Bros)



See our customer reviews at

www.susanwhymark.co.uk

Email: susan@susanwhymark.co.uk



Boundary Solutions
Fencing
Decking
Gateways
Bespoke garden projects

Daniel Burrows
07789556468

www.boundary-solutions.co.uk


Sat 7th February
9-11am
Outside the Lion
Recycling Stall &
Bus information



Find out all about the
Rural Connect and Mid Suffolk Taxi Bus
services that operate around Debenham
from Katherine Davies
Sustainable Travel Manager at MSDC
For more information contact
debenhamgreenteam@gmail.com
www.debenhamgreenteam.co.uk



'Start the Week Cycling'

Meet outside Dove Cottage at
9.30am

for a 1 hour leisurly ride followed by coffee at
 'Monday Meet Up' in Dove Cottage

Third Monday of the Month

January 19th

February 16th

March 16th



The rides are planned by Debenham Green Team but riders are responsible for their own safety

Thermal Imaging Camera to Borrow

Discover the thermal efficiency of your home and target where to insulate to stop heat escaping.



Help to use the camera available

Contact:
Debenhamgreenteam@gmail.com
 for details and booking.

Debenham Green Team
 Monthly Recycling stall



Outside the 'Lion' High St
 9am -11am

First Saturday of the Month

Collecting all your:

Tetra Paks - washed and squashed

Dental toothbrushes

Corks **Brita** water filters

Make up containers

Contact lenses and packaging

Coffee pods

Plant pots- clean and dry



Enquiries to **Debenhamgreenteam@gmail.com**

WASH FARM BARN SWIMMING

In easy reach of Eye, Debenham and Framlingham

Keep fit and have fun



Come and enjoy luxury private swimming in our beautiful listed barn. Cost £18.50 per session for up to 8 people.

For further details visit our website

www.washfarmbarn.co.uk

or contact us on 01379 678252 or 07747 791074

JCA Online Computer Repairs 2004 - 2024



Data Recovery

Laptop Repairs

Backup Solutions

Dealing with Viruses

Dealing with Scams

Internet / Wireless Issues

I have never bothered with Jargon,
I am patient, some of my
customers are over 90 years young.

Home or Business www.jcaonline.co.uk Visiting Rural Suffolk

01728 726509

Office in Framlingham, Workshop in Earl Soham and Yoxford.



I bought a doll for my child recently. I thought it was manufactured by a well-known brand, but I suspect it might be counterfeit. How can I be sure and what are my rights?

You're right to seek advice about this issue, because counterfeit goods aren't only illegal, they can be dangerous.

Fake children's toys, including dolls, often don't meet safety standards and can pose choking hazards - poor manufacturing can mean small parts are easily detachable.

Counterfeit goods are fake products designed to mimic the authentic ones sold by genuine brands. Sometimes it's easy to spot a knock-off, other times it can be harder to tell.

It's not just toys and games - things like clothing, footwear, e-cigarettes, perfumes and media devices can also be counterfeit.

Things to watch out for include strangely low prices from well-known brands and signs of poor quality - like missing security seals, bad or non-existent packaging, blurry logos and poor stitching. You may also spot some spelling mistakes in the advert or on the packaging.

Looking at photos from official sellers can help when making comparisons, and it's important to only buy products from reputable sellers.

If you have purchased a counterfeit item, there are some steps you can take to try and get your money back. You're legally entitled to a full refund on fake goods within 30 days of your purchase.

If it's been over 30 days since you paid, but less than six months, the seller can provide you with a real version of the item first. If they can't, then they're legally required to give you a full refund. If you paid more than six months ago, you're only entitled to a part-refund based on how much you've used the item and how long you've had it.

Sometimes sellers might refuse to refund you, and argue the items were obviously fake because they were very cheap, but they're breaking the law by selling them and your legal rights still apply.

If this happens and you paid by debit card, contact your bank and ask to use the 'chargeback scheme'. If you paid by credit card and the item cost less than £100, you can ask to use the same scheme.

If you paid by credit card and the item cost between £100 and £30,000, tell your credit card company you want to make a 'section 75' claim to get your money back. To report counterfeit goods or get help getting your money back, contact the Citizens Advice Consumer Service. You can also report a seller to Trading Standards, which investigates criminal activity.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

suffolk
SCHOOL
OF ART

IT'S NEVER TOO LATE TO LEARN SOMETHING NEW



Start from scratch, learn to paint or rekindle a love from schooldays that you've never had time to do. Maybe you'd like to study, improve or push boundaries.

All abilities catered for in the idyllic setting at Redhouse Yard, Thornham Walks where you'll find tutor and artist John Parker in his studios at the Suffolk School of Art.

- All mediums and subjects covered
- Suitable for beginners and more experienced painters
- Friendly informal atmosphere
- Classes Tuesdays and Thursdays (10am – 4pm)

Online course available with support day on Mondays.

Pop in for a visit during a class if you feel unsure or come along to the free social evening the first Friday of every month from 7pm to 9pm, meet John, other artists, students and friends.

Contact John

Tel: 07442 491734 or visit www.suffolkschoolof.art

ASHE
CHIMNEY SWEEP LTD

Justin Fuller

07960 032706

ashechimneysweep@gmail.com

NACS approved chimney sweep
Chimney unblocking
Bird guards supplied and fitted
Camera inspections
And fully insured

Flag Days

Occasion	Flag	2025	2026	2027
... Christmas Day to Epiphany	DSG	... to 6th Jan	... to 6th Jan	... to 6th Jan
Candlemas	DSG	2 February	2 February	2 February
St David's Day	SD	1 March	1 March	1 March
East Anglia Day	FoS	8 March	8 March	8 March
Commonwealth Day	U	10 March	9 March	8 March
St Patrick's Day	SP	17 March	17 March	17 March
The Annunciation	DSG	25 March	25 March	25 March
Easter	DSG	20-26 April	5-11 April	28 March - 3 April
St. Georges Day	SG	23 April	23 April	23 April
King Charles III Coronation Day	U	6 May	6 May	6 May
Ascension Day	DSG	29 May	14 May	6 May
VE Day	U	8 May	8 May	8 May
Pentecost / Whitsun	DSG	8 Jun	24 May	16 May
Trinity Sunday	DSG	15 Jun	31 May	23 May
Kings's Official Birthday	U	14 Jun	13 Jun	13 Jun
Suffolk Day	FoS	21 June	21 June	21 June
St Mary Magdalene's Day	SM	22 July	22 July	22 July
The King's Accession	U	8 September	8 September	8 September
Trafalgar Day	U	21 October	21 October	21 October
All Saint's Day	DSG	1 November	1 November	1 November
Armistice Day	U	11 November	11 November	11 November
Remembrance Sunday	U	9 November	8 November	14 November
King Charles III Birthday	U	14 November	14 November	14 November
Advent Sunday	DSG	30 November	29 November	28 November
St Andrew's Day	SA	30 November	30 November	30 November
Christmas Day to Epiphany	DSG	25th Dec until 6th Jan	25th Dec until 6th Jan	25th Dec until 6th Jan

Key:

DSG	St. George's Cross with Diocese coat of arms
FoS	Flag of Suffolk
SA	The Saltire or St Andrew's Cross
SD	St. David's - Y Draig Coch (Welsh Dragon)
SG	St. George's Cross (plain)
SM	Banner of St Mary Magdalene
SP	St. Patrick's Saltire
U	Union Jack
UKR	Ukraine

The Ukrainian flag will continue to be flown occasionally at the Flag Sergeant's discretion.



**CRYSTAL
CLEAN**

Specialist Cleaning Services

Carpets
Upholstery
Hard Floors
End of Tenancy

Mark Underwood

01379 678806
07984 648296
info@crystalclean.services
www.crystalclean.services



FARTHING

FUNERAL SERVICE

• Celebrating 175 Years •

The same high standard of
service from the same caring team -
previously known as Pecks,
we are here
to serve you as always.

44 Aspoll Road

Debenham **01728 860269**

www.farthingfunerals.co.uk



**Need help
with your PC?**

Debenham & District

**Friendly advice & training
Repairs & upgrades**

No fix, no fee

Windows – Web – Email
Microsoft Word & Excel expert
Home network – WiFi – TV links
At your Home or Business

Phone Chris on 0757 069 5279
or email: info@ubestree.co.uk
www.ubestree.co.uk

**Traditional Oak
Carpentry**

Carpentry Repairs

New Oak Homes
and Extensions

Garden Structures

Condition Reports

3D Design Service

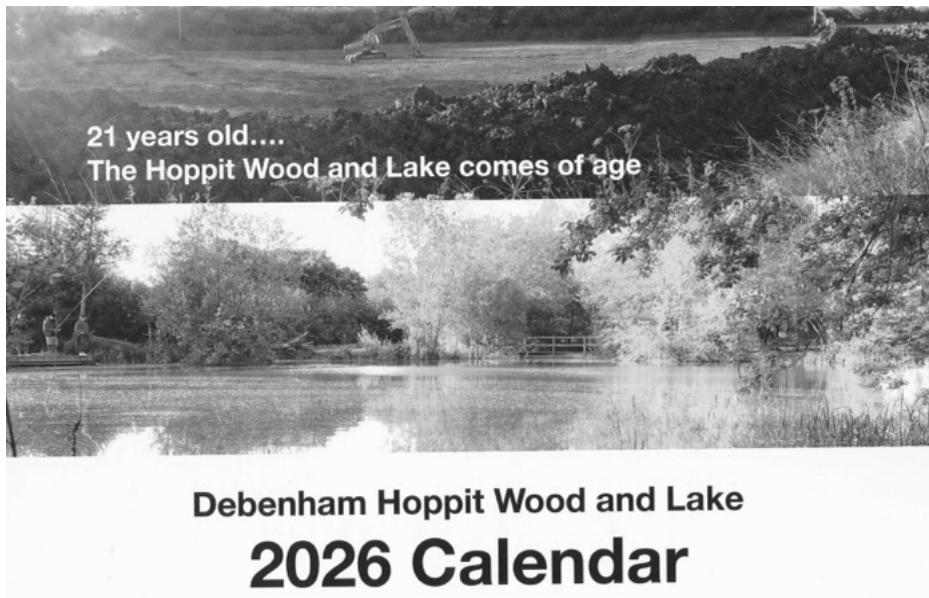
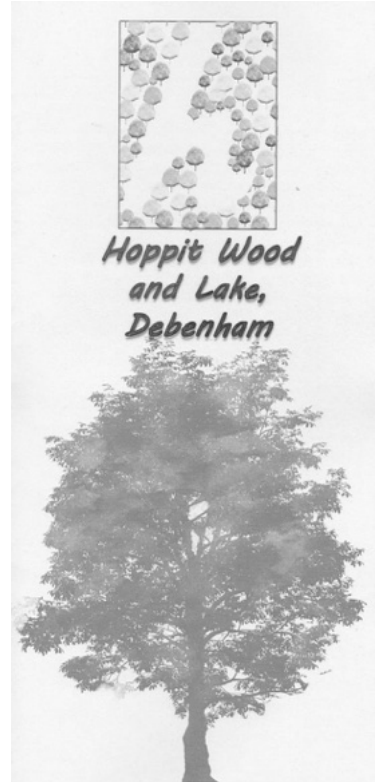
01449 768817

www.traditionaloakcarpentry.co.uk

Hoppit Wood Calendar

Huge thanks to those of you who bought this year's Hoppit Calendar. We still have around 10 copies left which we are happy to sell for £5, as we're now well into January. They are available in Websters only now. A big thank you to our superb newsagent and the wonderful Abbotts for selling the calendars on our behalf. You may have seen our 3 fold information leaflet that we introduced last August. They have proved most popular and needed a reprint! Copies can be found at the wood & lake, in the library and also at Websters. We continue to use our funds to maintain and improve the Hoppit and if you are interested in joining our group, the next meeting is on March 4 in Dove Cottage at 7pm. New members would be really welcome. Don't forget our website www.hoppit.uk and email: info@hoppit.uk Contact details are also on the leaflet.

Steve



YOUR RELIABLE LOCAL PLUMBER



Anglian Water Approved

Mark Jardine
Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel: 01728 628291 Mob: 07854 924 801

Email: mgjardine@btinternet.com



BROWN
OPTICIANS



Denmark House, 41 Bury Street, Stowmarket
01449 612812/ 674030

As independent opticians we offer a more personalised eyecare service that you can trust for all the family including:

- The Optomap retinal examination
- A wide range of competitively priced frames and lenses
- Contact Lenses
- Colorimetry Testing
- Prescription and non-prescription sunglasses
- Spectacles for sport and DIY

YOUR SIGHT CARE IS OUR PRIORITY

MARTYN JOSEPH

SATURDAY JANUARY 31 @ 8PM
DEBENHAM COMMUNITY CENTRE.

"ONE OF THE MOST CHARISMATIC
AND ELECTRIFYING PERFORMERS
IN BRITAIN TODAY...TOUGH AND
PASSIONATE"

Debenham
SPORTS & LEISURE



Tickets £20 in advance or £22 on the door

www.debenhamsportsandleisure.co.uk/music or 01728 861101

Bar and doors open at 7:30pm.

Martin Dix
Carpenter & Joiner



smart.dix@tiscali.co.uk
01728 861665
07933 138059

Kitchens, doors, skirting, decking, fencing, cladding - All woodwork and domestic jobs considered

G M FOWLER



Painting and decorating work, plus all those odd jobs around the house you can never get anyone for!

High Quality Professional Work
FREE QUOTES & ESTIMATES
01728 685448
graham.fowler@ymail.com

 THE SUFFOLK Dog Sitter

BOOK NOW

Where will you go in 2026?

- Experienced sitter
- Fully insured
- DBS checked

Email: suffolksits@gmail.com
Phone: 07496 150860

When you're away, I stay
Anywhere in and around Suffolk



To advertise in the magazine

Please contact Richard Blackwell
Tel 01728 861815 or email: richard.blackwell99@outlook.com

J. FELTON 
CHIMNEY SWEEP

- Clean & Friendly Service
- Smoke Tests
- CCTV Inspections
- Fully Insured
- Insurance Certificates
- Competitive Rates

PLEASE CALL 01986 799175 

Registered member of the Institute of Chimney Sweeps

 LJ HOME & GARDEN MAINTENANCE

Please call or email for a free quote:
Lee : 07754 388442
ljhomegarden@outlook.com

 LJ Home & Garden Maintenance

Debenham
SPORTS & LEISURE



ALICE ARMSTRONG



6 MARCH @ 8PM

DOORS OPEN 7:30 PM

**DEBENHAM COMMUNITY
CENTRE**

"Amazing Award Winning Blues, Soul, Funk Singer!"

www.debenhamsportsandleisure.co.uk/music

01728 861101.



£18

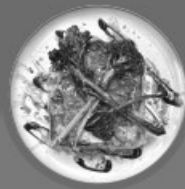


revive

CAFÉ • BAR • EVENTS

NOW OPEN!

Grab your
FREE Hot Drink



To celebrate the relaunch of our café as *revive*, we are giving every customer a *FREE* hot drink with their order.*

Hurry! Offer ends on 1st March 2026.

NOURISH *the* BODY
FEED *the* SOUL

Find us at Be Well Barn • Redlingfield • 01379 831 565 • bewellbarn.co.uk

*Offer valid until 01.03.26. This flyer entitles you to one complimentary regular hot drink with the purchase of any breakfast or lunch menu item at Revive Café, Be Well Barn, Redlingfield. Offer subject to availability. One redemption per customer per visit.



A Time for Kindness

As we move through the early weeks of the new year, many households are feeling the familiar post Christmas squeeze. Decorations packed away, credit card bills arrive, and the dark days of winter can feel particularly long. For many, the cost of living remains a real strain, and the recent spell of colder weather only adds to those worries.

It is important to acknowledge these pressures honestly. Energy bills, food costs and everyday essentials continue to challenge household budgets, and for some, simply keeping warm can feel like an uphill struggle. Many residents are understandably concerned.

Yet in difficult times, I am continually reminded of the quiet strength and generosity that exists within our parish and wider community. Across our towns and villages, volunteers step forward every day to look out for one another. Lunch clubs provide companionship and a hot meal for those who might otherwise feel isolated. Carers, often unpaid and unseen, give their time, patience and love to family members and neighbours. Litter picking groups take pride in keeping our shared spaces clean, while church teams quietly support food banks, coffee mornings and pastoral care. Youth workers give young people safe places to meet, talk and grow.

These groups are not just nice to have. They are the backbone of community life. If you are able, I would encourage you to think about joining or supporting a local volunteer group. Even a small contribution of time can make a meaningful difference, both to others and to yourself.

These months bring a timely reminder of the power of small gestures. An opportunity to pause and think about how we might brighten someone else's day. A friendly word, a helping hand, a note through the door or a simple thank you can carry more weight than we realise.

As winter continues, let us hold on to the spirit of kindness and community that already shines so strongly across our parish. By looking out for one another, with warmth and compassion, we can ensure that everyone feels valued and supported.

If you want to share your thoughts, request support or keep up with my work, you can contact me at Patrick.Spencer.MP@Parliament.uk, by telephone on 01728 726612 or sign up for my e-newsletter at www.patrickspencer.co.uk.



Greetings

Jane Goodall , born 1934 - 2025

Dame Jane Goodall was an anthropologist best known for her expertise on chimpanzees. She learned they share the same key traits with humans, using tools, having complex emotions and forming long lasting social bonds, passing on skills and knowledge across the generations.

She believed that all living beings should cherish all living things and have a deep love for the Earth, and every action we do, no matter how small, makes a difference.

So, Jane Goodall writes “what kind of difference do you want to make? What you do makes a difference and you must decide what kind of difference you want to make”.

The quote isn't whether we will make a difference. It's just asks what kind of difference we want to make.

In Micah it says “be fair and just and merciful and walk humbly with your God”.

So in this month of February I would ask you to make a difference. Just be aware of what kind of difference you would like to make.

A very happy February to you all

Jan Webb

(Elder Stowmarket URC)

2026

URC Services

Sunday 1st February	Mr Kevin Moore (Communion Service)	10:45 am
Sunday 8th February	Mr Paul Kemp	10:45 am
Sunday 15th February	Mr Ji Gorlay (Asia Link)	10:45 am
Sunday 22nd February	Rev Robert Sheard	10:45 am

Every Tuesday 10 - 11:30am Drop In Coffee morning

Friends & Neighbours first Thursday in the month 2:00 pm

Please note: no cake sale this month

Cakes & Choruses last Sunday of the month 3:00pm

URC Points of Contact

Minister	Rev Robert Sheard	01449 678173
Secretary	Mr Laurence Kelway	07583014887
Treasurer	Mr David Oldfield	01728 768775
Social Secretary	Mrs Jean Rodwell	01728 861065



Are you caring for someone with memory loss and / or dementia?

Then we are here to help you.

Our Carers Club provides a carers cafe, post diagnosis support, information, advice, peer support, songs for sharing, transport and much more.

The Carers Club & Info Cafe

10th & 24th February 2026 2pm-4pm

10th & 24th March 2026 2pm - 4pm

Dove Cottage, 24 High Street, Debenham.

IP14 6QN

Just come along!

Relax and find a listening ear.

(Your loved one is most welcome)

Further Information:

The-debenham-project.org.uk

01728 862003

**DANCE
EAST**
MOVE | BE MOVED

Kindly funded by



Care to Dance

A dementia-friendly dance class. Share the joy of movement and music with your loved ones!

10.00am-12.00pm

Session will run from 10.30-11.30am with 30 minutes of refreshments before and after.

**9 and 16 January
6 and 20 February
6 and 20 March**

**Dates from April
onwards to be
announced!**

Just turn up! For enquiries call 01473 295230.

**Worlingworth
Community Centre
Shop Street
Worlingworth
IP13 7HX**

FREE!



Photos: Rachel Cherry, Danesbury



Hi everyone,

Transport Transfer Day has arrived

Who in rural Suffolk does not think that it can be really (maybe impossibly) difficult to get to where you want to be, when you want to be there, if you don't have the privilege of being able to drive yourself? Often, we don't have family close by, and we are reluctant to ask friends and neighbours to give up their time. The Debenham Project Transport Service was specifically set up 10 years ago to help residents in Debenham and the surrounding area, to attend medically related appointments, e.g. hospital outpatient and admissions, health centres, outsourced clinics, dentists, etc. Not only to get them there, but also for them to be accompanied by a local volunteer driver as if a family member, friend, or neighbour - happy to "be there for them as long as it takes".

Over the last year our 23 volunteer drivers have made it possible for more than 55 individual passengers to attend 242 appointments. Almost every journey involved at least half a day – out of County trips to Colchester, Chelmsford, Norwich, and Addenbrook's took much longer. And, in one instance, following an afternoon GP appointment, a passenger had to urgently go Ipswich A&E. The driver immediately took them and stayed with them all through the night until they were able to return home at 7.00 am the next morning. I cannot praise them highly enough.

It has been my great privilege to have looked after this service from the beginning, but the time has now come for me to pass that responsibility on. To our Drivers and Passengers: "I know that I will miss every one of our phone conversations. You have been a delight to work with. Thank you". From February 1st Lucy Robbins and Janice Romaniszyn will be managing the service and I know it will be in the very best of hands.

When you need a lift the number to call is 07724 049056.

As ever, I end my letter by thanking all those individuals and local organisations that have made it possible for The Debenham Project to continue to donate, completely unasked for, funds for our so needed support. Last month we received close to £1,500 in this way. My grateful thanks go to Clarke and Simpson, Websters Newsagents, David and Gillian, Fiona, Catherine, and an anonymous donor.

With my very best wishes, Lynden

Lynden.jackson@the-debenham-project.orguk ; 01728 862003

*Tuddenham Road
Dental Surgery*

Mr I. Paraskevopoulos BchD Msc RAAD
Mr WJ. Hendriks BChD (Stell)
Mr Anis Jaleel BDS (Lond) LDS, RCS
(Eng)

We aim to provide excellent dental care for you and your family with a focus on prevention rather than cure. Our whole team is committed to making your journey as pleasurable and comfortable as possible.

Now accepting new patients.

NHS waiting list for children under 16.

Tooth Whitening
Veneers
Crowns & Bridges
Implants
Adult Orthodontics (Braces)
Dentures

**11A Tuddenham Rd
Ipswich, Suffolk, IP4 2SH**

01473 252400

tuddenhamroadpracticemanager@gmail.com



*Alterations
by
Emma*

From my studio in Winston, Suffolk. I alter all types of clothing from replacing zips, sewing on buttons, letting clothes out or down, taking up or in, to give you the perfect fit.

I repair vintage items, reline jackets, repair delicate lace and embroidery and soft furnishings. I am also a trained milliner so I can repair and adjust hats.

As a qualified fashion designer, I can restyle your old clothes and hats to bring them up to date or make new ones for you in the fabric of your choice.

Please contact me for a free appointment to discuss your details.

emma@alterationsbyemma.co.uk

01728 861303 07887 836472

www.alterationsbyemma.co.uk



**EVERGREEN GARAGE
CROWFIELD LTD**

GOSBECK ROAD CROWFIELD IP6 9TB



www.evergreengarage.co.uk email: david@evergreengarage.co.uk

Fully equipped workshop for diagnostic test and repairs

MOT Testing, Servicing

Air conditioning Servicing and repair

Batteries, tyres and exhausts at competitive prices

Computerised wheel balancing and 4-wheel alignment

Puncture repairs and competitive prices on new tyres

PETROL, OILS, SWEETS, COLD DRINKS

Opening Hours

Monday to Friday 7.30am - 5.30pm and Saturday 8am – 12 noon

TEL: 01473 890377

District Councillor Report: Debenham Ward – Sept 2025
Serving Ashfield-cum-Thorpe, Aspall, Bedingfield, Debenham, Kenton & Winston Cllr Teresa Davis teresa.davis@midsuffolk.gov.uk Tel: 07928 512588

Community Information:

Further to my report for Dec/Jan. The government has also offered the option for Councils undergoing reorganisation to further delay local elections i.e. the County Council election currently planned for May 2026. There is a County Council vote on this on January 12th. The Government are now proposing new mandatory housing targets for each local authority area. It is now highly likely that there will need to be a process to revisit the current housing numbers for each town / village in the district. Further information to follow soon. Pride in Place Grant, which was first launched last year, is open for town councils, parish councils and local voluntary, community, faith and social enterprises (VCFSE) organisations to apply for. Grants of between £250 and £5,000 may be applied for, allowing for more significant projects to take place across the district. Eligible projects include, but are not limited to, the following:

- Planting
- The development of local history, heritage culture
- The purchasing of village signs
- The purchasing of seating and benches for community spaces
- Maintenance or enhancement of open public spaces
- The purchase of equipment to enable the maintenance of open public spaces, including community litter picks

The grant window will remain open for applications until the annual £50,000 budget is fully allocated across the district.

New Jobs in the Area, there are quite a few new jobs being created in the Stowmarket area.

Bauder LTD, which makes sustainable roofing, is building a warehouse on Stowmarket's Gateway 14 business development, creating 20 jobs.

Assan Panel, which makes building materials, is opening a £45m plant, also at the Gateway 14 site, and will be looking to fill 100 "highly-skilled" jobs.

Retailer The Range has already announced it is looking for 1,000 employees for its warehousing operation, also based at Gateway 14 on the outskirts of the town.

In 2025 sessions were held for over 1700 children and staff at primary schools in Mid Suffolk to provide education about what happens to our waste. Debenham Green Team will be holding their hard to recycle stall as normal on the 1st Saturday of each month, the 7th March will also have the theme and be able to answer any questions on the up coming waste collection changes happening in June this year, with officers from Mid Suffolk attending.

More to come Drop In/Cabinet and Council Dates:

Mid Suffolk in January

Reminder that my drop in surgeries will be on 12th Jan from 9:00am-11:00am at The Coffee House on the High Street and at the Debenham Leisure Centre from 9am-11:00am on Monday 19th Jan. The next full council meeting will be on 22nd Jan. Do let me know if you have a question or concern you want to put to the council or cabinet.

My contact details are above, please do use them and you can also keep up to date by signing up/linking to our social media, just go to www.midsuffolk.gov.uk.

Comfort & Joy

Bringing your treasures back to life,
to give you comfort and joy.

Donald Page
dp@comfortandjoy.uk
07973 693990

- Furniture repair
- Upholstery
- Leatherwork
- Woodwork



Magazine Deadline dates for 2026

The deadlines for submitting items for the magazine in 2026 for each subsequent month are as follows (the Tuesday before the final full weekend of the month):

February 17th	July 21st
March 24th	August 25th
April 21st	September 22nd
May 26th	October 20th
June 23rd	November 24th

Debenham

IN THE HEART OF MID SUFFOLK

Debenham Parish Council
c/o Dove Cottage
39 High Street
Debenham
IP14 6QN

Farm Business Tenancy

Debenham Parish Council hereby advertise the opportunity to rent:
8.258 acres (3.342 hectares) of fenced grazing land
Location: off Water Lane, Debenham, Suffolk.
Interested parties will be contacted to put forward their bid.
Please contact the Clerk by 12th February if you are interested in obtaining further details.
Kind regards
Debenham Parish Council
Parish.clerk@debenhamparishcouncil.org

Debenham

IN THE HEART OF MID SUFFOLK

The Parish Council agreed the precept for 2026-27 at the January meeting, reduced slightly from £91,166 to £90,933.

New play equipment is being considered for lower Gardeners Road play area. The wooden fencing along the High Street near the newsagents is to be replaced. This has been made possible with the aid of grant funding from Suffolk Highways. Thanks were recorded to County Cllr Matthew Hicks for arranging the grant.

Suffolk County Council has received funding from the Government to roll out EV charging with four charging points planned for Debenham.

Ongoing flooding and lack of drainage on Water Lane is being raised by the Parish Council with Highways. Council is investigating costs to build up the bank on Priory Lane to address flooding issues near the allotments.

Due to an increase in the number of fires, residents are urged to correctly dispose of items that contain hidden batteries which can explode causing fires at recycling centres and at home. Items with hidden batteries should be taken to battery recycling points at local recycling centres and supermarkets.

Suffolk Fire and Rescue Service are recruiting On-Call Firefighters to commit to a set number of hours based on a person's availability.

The Parish Council would like to announce the appointment of Ginny O'Hegarty as our new Parish Clerk and Responsible Financial Officer. Ginny took over the roles on Monday, 5th January 2026 and will be working Monday to Friday.

The next Parish Council meeting will be held on Monday 16th February 2026 at 7pm (Dove Cottage).

Contact: Ginny O'Hegarty, Parish Clerk, Debenham Parish Council

Email: parish.clerk@debenhamparishcouncil.org

Website: <https://debenham.onesuffolk.net/>

Benefice Church Services

February 2026

1st February	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
8th February	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
15th February		Framsden	Morning Prayer
	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
22nd February		Kenton	Morning Prayer
	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

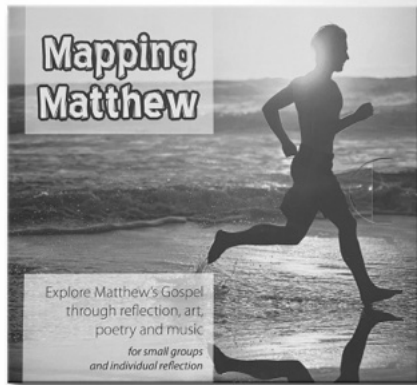


THE BENEFICE OF
DEBENHAM & HELMINGHAM



THE BENEFICE OF
DEBENHAM & HELMINGHAM

LENT GROUP



**Starting Monday 23rd February,
Dove Cottage, Debenham,
7.00pm, for 5 weeks**

Exploring Matthew's Gospel
through reflection, art,
poetry and music

February reflection by Rev Keith Rengert



For the church, February is often seen as a pivotal month, depending upon when Ash Wednesday falls.

The month begins with a last look back at the recently passed Christmas season on the feast of Candlemas or to give it its longer title, 'The presentation of Christ at the Temple', which takes place on February 2nd. This festival day remembers the last record in the Bible (Gospel of Luke) of Mary, Joseph and Baby Jesus. Mary and Joseph fulfil the ancient law requirement to present the firstborn to the Temple. There, they are met, and Jesus is recognised and exhorted by the elderly priest Simeon and equally elderly prophetess Anna. Simeon praises God with the words we now call the 'Nunc Dimittis',

'Now, Master, you let your servant go in peace. You have fulfilled your promise. My own eyes have seen your salvation, which you have prepared in the sight of all peoples. A light to bring the Gentiles from darkness; the glory of your people Israel.'

These words are still said or sung every day in cathedrals and churches throughout the world.

So why is this month a pivotal month?

It is because of what Simeon goes on to say next to Mary.

'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

Simeon foretells Mary's own future suffering when her son, as an adult, will be crucified. Hence the pivotal nature of this time of year. The church will turn away from Jesus' birth to focus on his death and resurrection. Many churches will use a particular liturgy – a form of words to acknowledge the change of focus. Churches that have had their crib/nativity scenes on display will remove them after February 2nd. The Liturgical Colours will change from the celebratory colours of Gold/White and return to Green before changing to Purple on Ash Wednesday the start of Lent, this year on February 18th.

It would be lovely to see you at any of our services across our benefice.

Rev' Keith



Ministry Team

Tel 07990 959593

Rector Rev'd Susan Taylor revsusantaylor@icloud.com

Chaplain Debenham High School

Associate Priest Debenham & Helmingham Benefice

Rev'd Keith Rengert revdkeith@gmail.com

Reader Veda Berriman r.berriman111@btinternet.com

01728 861363

Churchwardens

Debenham

Sheila Blackwell sheila.blackwell@icloud.com 01728 861815

Betty Connors bettyconnors@outlook.com 01728 860513

Helmingham

Mark Trevitt mail@wheelertrevitt.co.uk 01473 890568

Melvyn Blower melvynblower@gmail.com 07368296509

Aspall

Andrew Ward 01728 860343

Framsden

Christine Schofield christine@cpwpost.com 01728 684076

Kenton

Vic Woodgate vicwoodgate@winterbrook.co.uk 01728 861118

Pettaugh

Sheila Janson s.janson@btinternet.com 01473 890883

Winston

Brian Branch cmcbranch@btinternet.com 01728 861004



DOVE COTTAGE

Available for hire

Meetings, clubs, lunches, parties,
Christening and funeral teas.

Fully equipped kitchen. Wi-fi.

For further information please
contact Ray Watts - 01728 860255

Debenham Veterinary Practice



Locally owned and run by
Veterinary Surgeon Peter Wilson

On site 24 hour emergency service

Same vets for continuity of care

State of the art facilities

Digital x-ray and ultrasound

Ample parking on site

01728 861289

1 Cherry Tree Lane
Debenham
Stowmarket
IP14 6QT

debenhamvets@gmail.com

debenhamvets.co.uk

- ◇ First point of call for all small animal healthcare needs and problems
- ◇ Cut vet bills and spread the cost with our Pet Healthcare Plan
- ◇ Affordable, tailored insurance with Debenham Vets



Marsh Accountancy

For all your Personal & Business accounting needs

- Self Assessment & Personal Tax •
 - Book-keeping •
- Accounts Preparation •
 - PAYE • Payroll •
 - VAT • CIS •

Telephone Debenham (01728) 860727